



VMBSG 2011 Conference Evaluation Results

Ratings and Comments given by Participants

Bouncing back when riding the ‘Juggle-naut’ of life!

“Managing Resilience, Stress and your Wellbeing”

Yarrawonga Golf Club - Golf Club Road, Mulwala

Date: Thursday, 15 December 2011

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Bouncing back when riding the 'Juggle-naut' of life!
"Managing Resilience, Stress and your Wellbeing"

Rating given by Participants

Assistance to your work and performance?

HIGH 5	18	27.69%
4	36	55.38%
MEDIUM 3	10	15.38%
2	1	1.54%
LOW 1	0	0.00%

HIGH to MEDIUM HIGH RATING	83%
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Level of interaction & participation during the conference?

HIGH 5	31	47.69%
4	26	40.00%
MEDIUM 3	8	12.31%
2	0	0.00%
LOW 1	0	0.00%

HIGH to MEDIUM HIGH RATING	88%
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Quality of presentations?

HIGH 5	32	49.23%
4	31	47.69%
MEDIUM 3	2	3.08%
2	0	0.00%
LOW 1	0	0.00%

HIGH to MEDIUM HIGH RATING	97%
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How would you rate the value/quality of the conference overall?

HIGH 5	27	41.54%
4	36	55.38%
MEDIUM 3	2	3.08%
2	0	0.00%
LOW 1	0	0.00%

HIGH to MEDIUM HIGH RATING	97%
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Would you attend more VMBSG conferences?

HIGH 5	47	72.31%
4	18	27.69%
MEDIUM 3	0	0.00%
2	0	0.00%
LOW 1	0	0.00%

HIGH to MEDIUM HIGH RATING	100%
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55 out of 80 Attendees responded

VMBSG 2011 Conference Evaluation Results

Do you have any suggestions for future VMBSG conferences?

Comments given by Participants

Auditor-General Report.
More discussions on work experiences and how matters are dealt with.
Adequate catering during lunch, noticed that food ran out.
Bring back Travis Tremayne! Great value!
Well-being - dealing with difficult customers. Nation building controls. State Acts and Regs. Community education, building information.
Move the venue closer to central Victoria. Torquay/Creswick.
More work/life balance stuff.
Revisit filter criteria based on VAGO recommendatios.
Keep up the good work!
Combine with "non-technical" topics where possible, but include some sessions on "big picture" building surveying issues.
Consider morecentral venue to attract more participants. Invite private sector participants.
Can you get a motivational speaker, say from a sporting or an emergency service environment, who can actually talk about something diverse, viz, recovering from something adverse, e.g. Jeff Huegil, Paul Wade.
Stress management tools when dealing with tragic events and recovery of same whilst performing statutory roles.
Keep up the good work!
Networking in LG. Influencing people in power. Career development.
Same place, similar time, next year.
Whatever the topic, it is important to keep the relaxed feeling.
End of year conference, in late November - it's a busy time at the end of December.
Government.
Auditor-General Report. General Report, impact to Council and develop a response with MAV, VMSG to the Dept of Planning & Comm Dev. Advance building and plumbing for managers with non-building background. Building System 101, Plumbing System 101.
VAGO Report - implications/outcomes. Subdivisions - clusters, easements, party walls, (?) buildings.
Some more emphasis on regulatory matters. Building Commision input.
Where is the relationship between Council and Commission heading? Paintball skirmish.
Early December, not so late in December.
Location to be in central Victoria, i.e. Creswick or Geelong.
In light of VAGO, agree the topic at the next Conference may be MBS in a different landscape!
Keep a self-development segment in the Conference.
Perhaps the impact of VAGO Report on Building Surveying concerning recommendations and how VMSG Inc. can assist in positive outcomes for the Building Surveying profession from now on.
Training activity sometime between Feb and June. Annual Conference July to Nov, 1st week of Dec only.

VMBSG 2011 Conference Evaluation Results

What aspects of the conference did you find the most beneficial?

Comments given by Participants

Putting out these circumstances associated with the role of building surveyors. Good material for reflection on the importance of identifying and addressing stress. Good Fun. Importance of developing resilience.
All of it. I enjoyed the DISC aspect of the interactive activities.
Team activity.
Self-analysis aspects. Interaction.
Interaction with other participants. Speakers good and relevant.
Discussion between other members of my profession with interaction from speakers. Facing my faults and strengths; other MBS's have similar problems.
Analysing yourself and finding out your characteristics. Discussions on the bullying. Dodging the helicopters!
To understand the importance of work/life balance.
Excellent presentation. Travis's enthusiasm and passion made it an interesting workshop! Work-life balance is so important in Building Surveying. Travis provided great options when dealing with this in life. Great day!
Most importantly is networking in the off time with peers.
Stress management and identification. DISC - great to see/use.
Well-being and high performance.
Useful tips/tools to use in real time.
Found it all beneficial.
The quality of the presenter. The mixture of the way he put his message across.
The subject content would be of great benefit to Building Surveyors to enable them to take control of their life. The
Most aspects. DISC ,leading (?) resilience, trust. Understanding stress. Deciding how/what to let go of.
DISC exercise (leadership styles), stress management, coaching (although it became a bit rushed at the end. Difficult task for Conference Speaker to speak for the majority of conference, he kept interest and was entertaining.
The need to consider well-being as inputting into performance.
The theme of resilience, stress and well-being is quite impressive. It is not building surveying focused.)
Relevance of content to the role.
Interaction and relating workshop to industry. Engaging and giving space for questions.
The topic covered was very relevant to the participants.
Importance of focussing on the self and linkages with all the other influencing factors. Great package of information.
DISC. Discussion - stress, mentoring.
Networking with people I see seldomly.
It was all good.
All great.
Increase in self-awareness. Conscious of affect on others. Thoroughly entertaining.
Thinking of our attitudes/attributes and how they interact with our staff/managers. Networking opportunities with our peers. Interactive activities. Good presentations.
Its relevance to the group, profession and at the same time, the individual.
Content and delivery mode, great presenter.
Great models, great presentation.
It was good to have a relaxed feeling throughout the day and not to focus on the Act, Regs, etc. An excellent topic considering how stressful our work places have become.
It was all good. Thanks.
The entire day - skills to bounce back.
Networking, notes were good.
Team building, trust, reducing stress levels, bullying, coaching and mentoring.
Practive aspect.

DISC presentatin and information. Throwing balls at presenter!! Networking and interacting with senior surveyors. Round tables at Conference beneficial.
Better understanding of myself and others within lthe workplace and how to deal with personal and work situations.
Coaching details.
Travis, he was great.
Travis was a great presenter. The topic was relevant.
The main presenter gave practical, useful tools to assist me in well-being and improve my approach to my job. It was good not be technically focussed. This was a positive self-development Conference.
DISC analysis and interpersonal styles.
The great amount of organisation involved by those responsible made for a very interesting and topical Conference. Travis Tremayne was excellent who knew his subject well and conveyed this with his presentation to a capative and receptive audience. Well done all.
All sections of the program (mosly Brodie's Law and well-being and high performance).
Benefited from all of the Conference
Well done.
All conferences are beneficial if for nothing more than the networking and (?) discussions. This Conference confirms my views on staff and self-management.
Networking/time out.